CLINICAL SKILLS PRACTICUM CHALLENGE  
EXAMINATION FOR LICENSED PRACTICAL NURSES  
NWCC DEPARTMENT OF NURSING

TO: Applicant who successfully passes the written portion of the LPN Challenge Examination for NRS 1117 and NRS 1211

WHERE: Division of Nursing, Skills Lab

WHEN: To be scheduled after successful completion of written challenge examinations

BRING WITH YOU:
1. stethoscope
2. pen light

You will demonstrate, in the presence of two (2) clinical instructors, the following skills:

1. Vital signs - TPR, BP. Demonstrate usage of a glass thermometer, count the radial pulse, apical pulse, and respirations. Determine the measurement of blood pressure by auscultation and palpation of systolic pressure.

2. Insertion of nasogastric tube, including lavage & gavage.

3. Catheterization-Demonstrate insertion and removal of foley catheter, catheter irrigation, and obtaining sterile specimen from catheter.

4. Head to toe physical assessment (to include, but not limited to):
   A. Neurological/neurovascular assessment
      1. level of consciousness
      2. speech
      3. movement/sensation of extremities
      4. pupils
      5. handgrips/foot pushes
      6. palpate and identify peripheral pulses
      7. capillary refill

   B. Cardiac assessment
      1. apical pulse
      2. radial pulse
      3. auscultation of heart sounds
      4. heart rhythm
      5. assess for edema
B. Respiratory assessment  
1. respiratory rate  
2. placement of stethoscope on chest and back  
3. breath sounds  
4. breathing pattern  
5. cough, SOB, etc.

C. Gastrointestinal/genitourinary assessment  
1. inspection of abdomen  
2. auscultate bowel sounds in 4 quadrants  
3. palpate presence or absence of abdominal distention  
4. normal elimination patterns  
5. problems with elimination/complaints, etc.

D. Integumentary (skin) assessment  
1. general observation of skin, (ie: intact, lesions, etc.)  
2. turgor  
3. color  
4. temperature  

5. Medications - IM, subcut, Intradermal Injections: sites for injections and landmarks for determining sites; needle gauges/lengths; dosage calculations

*ALL skills must be satisfactorily completed in the presence of two instructors within two attempts in order to “pass” the practicum (skills) exam.