

Northwest Mississippi Community College
CHEERLEADING

Requirements for try-outs are as follows:

(1) You must have cheered a minimum of one year on a high school, college, competitive squad, or equivalent. This includes grades 7-12.

(2) Fitness (details below)

(5) Cheer sponsor's recommendation

(3) Northwest fight song

(6) Stunting

(4) Northwest cheer

(7) Toe touch

Fitness requirements:

<u>Height</u>	<u>Weight range</u>	<u>Height</u>	<u>Weight range</u>
4'11"	99-114	5'5"	120-138
5'0"	102-118	5'6"	124-142
5'1"	106-121	5'7"	127-147
5'2"	109-125	5'8"	131-151
5'3"	113-130	5'9"	135-156
5'4"	116-134	5'10"	139-160

We are an all-girls squad. We do not compete. We cheer at all football games and all home basketball games. Practice will be on Tuesday afternoons from 1:30-4:30pm.

There are 8 available **positions** for base cheerleaders, 4 available positions for back spots and 4 available positions for flyers. Scores will be kept in three separate categories, and the best in each category (8 base positions, 4 back spots positions & 4 flyer positions) will make the squad.

Points will be awarded based on fitness, performance of the Northwest fight song and a cheer, a toe touch, and stunting. The fight song and cheer will be taught during the Friday night session. Additional points will be based on your current or most recent cheer sponsor's recommendation.

The **minimum stunting requirement** is an extension, but a lib/stretch is preferred. Obviously, a clean, preferred stunt will award higher points and offer a better chance of making the squad.

First cuts will be made after the first session of tryouts, Friday night. Participants must be able to demonstrate basic techniques of stunting.

Scholarships are available to all students who make the squad. If you live on campus, you will receive \$1000 scholarship per semester. If you commute, you will receive \$850 in scholarship per semester.

Try-outs will take place at the Howard Coliseum on the Senatobia campus.

You must be at both sessions.

Session I - Friday, April 16, 2010 from 5-8 p.m.

AND

Session II - Saturday, April 17, 2010 from 8:30 a.m. - 2 p.m.

You must fill out a NWCC Cheer Tryout Registration Form.

Registration Forms are due the Monday prior to tryouts, April 12, 2010.

If you have any questions, please contact
Pam Wooten, cheer sponsor, at (662) 562-3899 or email to
pwooten@northwestms.edu

Mailing address is:
NWCC Cheer
Pam Wooten
4975 Hwy. 51 N.
Senatobia, MS 38668

NWCC CHEERLEADING **TRYOUT REGISTRATION FORM**

Deadline for application is the Monday prior to tryouts.

YOU MUST HAVE CHEERED AT LEAST ONE YEAR ON A SCHOOL OR COMPETITIVE SQUAD DURING YOUR 7-12 grade years IN ORDER TO TRYOUT

NAME _____ AGE _____

ADDRESS _____ HEIGHT _____

_____ WEIGHT _____

HOME PHONE(____) _____ CELL PHONE(____) _____

High school graduated from? _____

IF you're a current Northwest student, what's your student ID # _____

(Circle one) High school OR Competitive squad

Current or most recent cheer sponsor's name and phone number _____

I release Northwest Mississippi Community College from any responsibility for any injuries incurred during the Northwest Mississippi Community College Cheerleading Clinic and/or Tryouts and accept responsibility for any medical expenses incurred by me/my child. I understand that Northwest Mississippi Community College does not provide health/injury insurance for participants in the Cheerleading Tryouts.

Student Signature _____ Date _____

Parent Signature (if student is less than 18 years old) _____ Date _____

Please mail form to: **NWCC Cheer**
Pam Wooten
4975 Hwy. 51 North
Senatobia, MS 38668